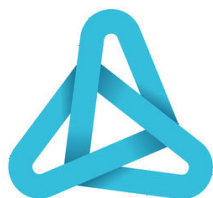


25 Minute Fiction

From 0 to 20,000+ Words in 25 Minute Blocks!

24:59



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-----START HERE - DON'T SKIP AHEAD-----

Let's Go!



The idea of writing a “book” is intimidating. In fact, if you’ve tried and failed, it probably seems downright impossible. I get it, and I know you struggle with it. That’s why I created a “color by numbers” system that allows you to follow a very basic plan to attack this process one easy step at a time.

In fact, this system is so “easy” that you’re going to be amazed it can (and will) actually be used to write a full length novella. The hardest part of writing, or doing anything, is STARTING.

Taking action and seeing results = Empowerment.

Once you start, it get’s easier. Getting off the bench and in the game is actually MUCH harder (and more painful) than playing in the game. You’ll experience this for yourself when you take this system and implement it TODAY.

The best part about this system is that it only requires you to do one thing: **Write 750 words four times.** $750 \times 4 = 3,000$ words.

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Write 3,000 words
3k x 7 = A New Book (Royalties!)

If you can follow a few basic steps and write 750 words, you're as good as published. Feel free to adapt this system as suit your needs, but keep the basic structure the same.

Nothing works for me, I can't do it...

As most of you know, my breakthrough online came from publishing to kindle. I had tried and failed with so many other things. I had tried my hand at PPC, mobile ads, blogging, niche sites, offline consulting, CPA, etc-- and I failed.

I failed A LOT. I spent a lot of money and a lot of time with nothing to show for it. I worked regular low end gigs-- like waiting tables and minimum wage factory jobs in uncomfortable conditions (I know, cry me a river).

I spent much of the money I made buying new training and implementing some of what I learned, yet I always came up short. I constantly felt like I was getting close, that I was on the verge of a breakthrough, that one day all the pieces were going to come together and I would magically wake up with some secret method that would make me lots of money.

When I finally realized that would never happen, I became disheartened. So disheartened that I closed my laptop and said "screw it" to making money online. I had tried for a couple years, and I just couldn't do it. It was time to stop pretending. So I did.

It was eight months before I came back to internet marketing out of complete desperation.

I was twenty two, and I couldn't find a job to save my life. You know what's worse than working a job you hate?

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Looking for a job you know you're going to hate, and not being able to get it.

When Subway wouldn't hire me, I knew it was time to make or break. On the evening of New Years day 2012, I was given a kindle course that changed everything for me. What's funny is that I didn't even have enough money in bank account to pay for it. It was like \$50 and I only had about \$23.

I messaged the vendor (who was selling it on the warrior forum) and told him I would paypal him the rest of the money in my account (\$23) and leave him an honest review in exchange for his course. Instead of taking me up on my offer, he gave me the course for free.

I dug in immediately. What I learned THRILLED me.

I discovered there was a simple way to create books that people would pay me for. I followed the directions to a 'T' even though I found the work tedious and boring at first.

When I pushed "publish" and used the promotion technique I had learned...

I made about \$20 in 24 hours...

Hardly anything, but it was SOMETHING; and suddenly a switch inside my brain got flipped. I realized "I can do this. I can make money online." After that epiphany, I applied myself even more. I worked harder. I made some changes to my book (added a new cover and a few other things) and re-launched it. This next time,

I made \$150 in 24 hours.

From there on out, it was gravy. Once I knew it could work, I applied myself and worked hard. *And that turned out to be "the big secret"*. Most of you reading this fail only because you give up too soon. If you KNEW beyond the shadow of a doubt that your efforts weren't futile, that they would bring you money, you wouldn't give up. You would keep working until you hit the jackpot.

I need you to understand that.

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The trick is finding a system that makes the workload easier. Follow this system and you will see results.

The REAL “Secret” The Gurus won't tell you...

I'm going to introduce you to a harsh truth:

Work = **Success**

Work = **Money**

Work = **Making Money Online**

There is no way around hard work.

But the upside is that hard work becomes easier the more you do it. Even better, it will ignite a fire inside your chest. A fire that will propel you to new heights. When you challenge your greatest creative enemy-- Resistance-- to a fight and you lick it, your life will begin to improve almost overnight.

I know that's quite a claim to make, but I stand by it because I've personally experienced it. In fact, I've experienced it numerous times.

I understand what it's like to be stuck in a rut where progress simply doesn't feel possible. I know what it's like to sit in front of a glaring computer screen and feel completely and utterly lost.

But I also know how to beat that feeling.

This system will help you beat that feeling too.

I've tested this. In fact, when I first started developing this system, it looked very different. I had a whole PDF all typed up and ready to go, and I had to throw it out and write another one.

Why?

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Simply because it wasn't as effective as it could have been.

I spent hours testing and tweaking the system to make sure it would work. And now it does work.

What's funny is that it isn't really my system. Though it started out unique, it quickly morphed into an adaption of "The Pomodoro Technique" which was developed by Francesco Cirillo in the late 1980's.

The Pomodoro Technique uses a timer to break down work into intervals traditionally 25 minutes in length, separated by short breaks¹.

The 25 Minute Fiction System works in the same fashion, hence the name. What makes this system unique is that I've adapted it to work within a plot template; allowing you to take a template and create a unique story quickly, efficiently and as painlessly as possible.

Make no mistake, writing is hard work. If you don't do it much, it will be painful at first. Just remember, even if your finished story is terribly written, it will still be a story and can be sent to a professional creative editor who will make it shine. That's part of the beauty in this system. **You're following a template that will guarantee a story, no matter how shoddy your writing is.**

I just want you to know...

You CAN do this. I don't care who you are or what your background is, you CAN do this. It is entirely possible. I explained my breakthrough to you. I explained that I had banged my head against the wall for years *before* my breakthrough. I told you that it all changed when I found a system that worked. What I didn't tell you was that following the system and doing the nitty-gritty was HARD in the beginning.

I can still remember sitting in my room, trying to get that first book finished... Struggling with doubt, making excuses to stop working and do something else. But I pushed through it, and so can you.

That's why...

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I want to Challenge you..

If you've been itching to get in the game and replace your income from home, then I want to challenge you to use this system once a day, for seven days in a row. Do you accept?

Make the decision right here and now.

If yes, continue reading.

If no, close out of this PDF and come back to it when you're ready. Because if you can't commit to it, you aren't going to have any success with it.

If you do accept my challenge, seven days from now you will have a 21,000+ word novella finished. It may need some editing, but the hardest part will be done. In seven days from now you could have your big breakthrough.

Think about that for a moment.

If you're still on the fence, remember this: **The ONLY thing this system requires is that you write 750 words. If you will trust me and follow five very simple steps, you WILL succeed.**

For some of you, this is going to be pretty easy. For others, well... it's going to hurt like hell. Don't worry, there's hope in that. The harder this is, the more it's benefiting you. Just like muscles, you can't grow until you tear. No pain, no gain-- and all that jazz. Again, the pain is temporary, the reward is a lifestyle.

So I ask you again,

Are you in or out?

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The System

Before you start, clear all distractions. Clear your workspace, clear your desktop. Silence your phone and move your laptop to a new location (I want you to work somewhere you've never worked before), if you don't have a laptop, don't worry about it. Just make sure your surroundings are neat and clutter free. Make sure you place yourself in an environment where you can't get interrupted or sidetracked.

The only two resources you'll need are an [eggtimer](#) and the [tomighty timer](#)

The system is simple: Break each chapter apart and extrapolate each scene in blocks of 750 words (written in 25 minutes) divided by short 5 minute breaks (try to keep your breaks at 5 minutes). This is done a four times for a total of 100 minutes.

I know for many of you, 100 minutes seems like a long time, but the fact of the matter is that there are no shortcuts. If you want to do anything worth doing--making money online and being free of a JOB included-- you've gotta put in the time.

Make sure you place yourself in an environment where you can't get interrupted or sidetracked.

1. To get the juices flowing and to clear your mind, you're going to start with a 5 minute stream of conscious writing exercise. This is very simple. All you do is open a blank word document and write whatever comes to your mind without stopping. The only rules are:

**Never stop writing.
Never think about what you're writing.
Never read what you've already written.**

Simply set a timer a timer for five minutes
(you may use <http://www.e.ggtimer.com>)
and write down whatever comes to your mind.
You can literally start this exercise like this:

I don't know what to write, but I'm writing. I see bluebirds and yellow fields, and bananas and watermelons. When I was eight I ate an ant. When I was twelve I swallowed a tac. I

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like duct tape, but only the silver duct tape. I wish there was blue duct tape. Perhaps there is blue duct tape. This exercise seems silly, but it only takes five minutes so I'm doing it. I like snow and otters and full moons...

It literally does not matter what you write. It doesn't matter if it makes absolutely no sense. It doesn't matter if every other word is spelled wrong. This is not a test. You cannot fail. The only thing you must do is write for 5 minutes.

Do NOT skip this step!

2. Take a moment to look at the scene you'll be writing. For this example, that will be Chapter 1. Scene 1.

CH 1/ Scene 1 – Daphne Taylor lives a quiet life. She is retired but still working. Perhaps it was an odd concept some years ago, but for Daphne it had been her plan all along. She bowed to the exigencies of her bosses for too many years. Now, however, she is free to work at her own pace, doing what she loves best: editing and writing books. From her apartment's exceptional vista, she can watch the fickle ocean moods, the sandy beach bathing in the sun or soaking in the pouring rain, and the people going about their own lives.

Read this a few times. Read it once out loud. Don't worry about how you're going to extrapolate on this little paragraph, just read it and let it sink in.

This should never take more than 5 minutes!

3. All distractions must be eliminated. Close all other windows or browsers on your computer. You should have nothing open besides the word document and the paragraph describing the scene you're going to be writing. Open your word document and start your "tomighty timer".

You now have 25 minutes to write 750 words.

It is CRITICAL that you do not look at this writing as something that is going to be perfect, or even good. Chances are, everything you write is going to feel forced, it's going to feel like total gibberish. This is OK, it means you're on the right path. Ignore all the negativity and stop thinking. **Your job is only to write 750 words.**

YOU ARE NOT ALLOWED TO EDIT WHILE YOU WRITE!

25 minutes may seem like a long time, but it is not. If you try to edit yourself or you think too much while you're writing, you'll be lucky to get 400 words.

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Don't read over anything you've written. Just keep writing. The only exception is that you may look at your reference paragraph (for this example: CH 1./SC 1.). You may also take a sip of your drink if it's right next to you.

Do not get up for any reason. If you have to use the bathroom, wait. If you urinate in your chair you'll remember to use the bathroom before you start next time.

- 4.** When the timer goes off, finish the sentence or thought you were writing. As soon as it's finished, write a quick note about where you left off and what you need to write to tie things together for the next scene.

Take a 5 minute break. If you're using the "tomighty timer" you simply click "short" break and the timer will set itself for five minutes.

During this time you must get off the computer. Do not check emails, or browse the web. Leave your computer for 5 full minutes. Drink a glass of water, eat some peanut M&Ms or use the bathroom.

When the timer dings, resume your position.

During this time it is CRITICAL that you don't get on your computer! Leave the room if necessary. Seriously, go outside. Cold and rainy-- all the better! There's a lot of psychology behind this that I'm not going to get into. Just trust me. Leave your computer and go do some jumping jacks.

- 5.** When you sit back down, repeat steps 2 and 3 (**step 2: read the paragraph for the scene you'll be working on next and step 3: check your notes**), as it's likely you'll have to tie the first scene into the scene you're about to start writing.

Then, start your "tomighty timer" and write like the wind! You have 25 minutes to write 750 words.

That's it! Now that you're in the flow of things, repeat steps 2 through 4 another 3 times, until you're at 3,000 words. Remember, at the end of each push you should be jotting down a few notes for the next time, using your writing momentum to lay the groundwork before you take a break.

If you come to a section where there simply is not enough to elaborate on you can either

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A. Continue from the previous section and merge it into the second section

OR

B. Simply write what you can for the skimpy section and move onto the next section.

Example:

Say you're writing CH 1./ SC 3. and scene three provides you with very little "meat" to elaborate on, but the end of the previous scene wasn't totally finished, or it simply has more to elaborate on. If that's the case, drag the end of scene 2. into the beginning of scene 3. to stretch out your total word count.

OR

If there is nothing at the end of scene 2. you can elaborate on further, simply write as much as you can for scene 3. and then move onto the next scene. Keep in mind you need to do this quick. Do not pause or restart your timer. Look at the paragraph for scene 4. and start writing. Remember, making this scene longer to make up for the brevity of the previous scene may be necessary.

***Keep in mind, I'm not advocating you add "filler" to your story. Writing is the art of saying much with little, but that comes with practice. In the beginning, you want to write a lot of words. You want to get in the state of "flow".**

If you come to a place where more elaboration is needed, treat it like another section and write as much as you NEED to move the story forward.

Recap (VISUAL)

I am using one of the plots as an example. It should go without saying that when I say "THIS SCENE" I'm just making sure we're on the same page. Insert the scene from whichever plot you're working on, starting from the first.

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Chapter One CH 1/ Scene 1 – Daphne Taylor lives a quiet life. She is retired but still working. Perhaps it was an odd concept some years ago, but for Daphne it had been her plan all along. She bowed to the exigencies of her bosses for too many years. Now, however, she is free to work at her own pace, doing what she loves best, editing and writing books. From her apartment's exceptional vista, she can watch the fickle ocean moods, the sandy beach bathing in the sun or soaking in the pouring rain, and the people going about their own lives.

WRITE 750 WORDS BASED ON THIS SCENE
25 minutes then a 5 minute break!

Then...

CH 1/ Scene 2 – Daphne could be qualified as a modern recluse. However, she is never short on excuses to going out every day for a stroll along the beachfront or to the market or even to have a cappuccino at the corner café. Rain or shine, Daphne is out there early every morning. Today, she decides to take a longer walk along the promenade bordering the beach. The promenade is punctuated with ageing maple trees, which shade the grass lawn extending down to the beach. On her way to the shop, she notices a man sitting down, his back leaning against the tree trunk behind him. He is reading a book. She pays no mind to him, continues her leisurely stroll toward the shops and spends some time at the local grocer.

WRITE 750 WORDS BASED ON THIS SCENE
25 minutes then a 5 minute break!

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Then...

CH 1/ Scene 3 – On her way home and as she walks past the man again, Daphne notices that he has not moved from the position in which she first saw him. The book is still on his lap. His head is still bent down as if reading the page under his eyes. His hand is still not turning the pages. He looks so immobile that Daphne decides to stop and have a chat with him. Perhaps he is ill. She drops her tote bag on the grass beside the fellow, and crouches down to speak to him. He still does not move – of course he will not move – he is dead, or so Daphne presumes at first glance.

↑ WRITE 750 WORDS BASED ON THIS SCENE ↑
25 minutes then a 5 minute break!

Then...

CH 1/ Scene 4 – Taking in a breath, Daphne does not want to alert the families already stretching their towels on the patch of grass near the tree and preparing to run into the breaking waves. She takes her cell phone out of her pocket and punches 911. She tells the woman on the line that she will need an ambulance and police assistance. She does not give much more information to the dispatch lady, other than her location and the main reason for her call – a man is dead at the foot of a tree on the promenade.

↑ WRITE 750 WORDS BASED ON THIS SCENE ↑
25 minutes then a 5 minute break!

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FINISHED!

You're done for the day. Pat yourself on the back. Treat yourself to something nice. Sleep well and repeat for six more days. You'll notice it gets easier the more you do it. Pretty soon, you'll be writing novels in your sleep!

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